



# SUFFOLK COUNTY PSYCHOLOGICAL ASSOCIATION, Inc.

*promoting the profession of psychology in Suffolk County through fellowship, education and advocacy*

Affiliated with New York State Psychological Association, Inc.

scpa.inquiry@gmail.com • (631) 623-0293

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Hello everyone,

I hope all are well, especially given the wars. I hope you are able to find support either within this community or outside of it. I wanted to update you on what has been happening within SCPA. The board and the committee members are doing some pretty amazing things. We believe that leadership is about service, specifically serving the members of SCPA. As a result, we appreciate you completing the survey a while back regarding what you want from SCPA. We heard you, and are doing the following:

1. Thanks to Melissa Schroeder, we are bringing back the monthly newsletter. Make sure to read it over and check out the upcoming events.
2. Beth Hollander and Deena Abbe have been leading the way with programming and have created a wonderful program of speakers who are truly experts in their fields. After the unfortunate loss of Darryl Feldman, they planned the Professional Wills and Succession Planning for your Practice - something many of us could benefit from creating. They also took into account New York State's requirement for 3 CE credits on ethics and professional boundaries. As a result, we are hosting a presentation from 6:30-9:30 pm on December 1st. In an attempt to practice inclusion, we have shifted a few programming events from Fridays to Thursdays to make them more accessible to folks who may not be able to make Friday events (for religious reasons or otherwise). Also, if you cannot make the events, you can always watch the videos online for self-study CE credits [here](#).
3. We are looking into creating a Diversity, Equity, and Inclusion (DEI) Committee. We spoke to an agency already about how to coordinate this, and reached out to a few more agencies. Please let us know if you have any ideas about how to support DEI.
4. Germaine Allison has done a great job with the School Psychology Committee. She has been in contact with BOCES and organized a presentation for how to enhance well-being and social-emotional learning for students. [Registration is free](#) and is on Tuesday, 11/28 from 3-4pm. This seems like a great opportunity for school psychologists.

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5. As always, Donna Thiele does an excellent job with the Professional and Public Outreach Committee and the Independent Practice Committee. She hosted a workshop in October about “knowing your worth,” posted tips to the public for World Mental Health day, and scheduled the annual Stony Brook tree decoration for Sunday December 3rd. The theme for the tree will be World Mental Health. We will be asking you for words for feelings in various international languages. Please come help us decorate the tree. We will celebrate as an organization in the village afterwards for our SCPA winter party. If that was not enough, Donna scheduled SCPA to present on Saturday, January 27<sup>th</sup> at The Half Hollow Hills Mental Health Day. Deena Abbe and Donna Thiele will already be presenting on behalf of SCPA, but if you are interested in also presenting then please reach out to Donna.

I hope you are as amazed as I am with how much the board and committee members were able to accomplish so far. As always, please reach out if you have any suggestions, thoughts, or concerns.

Thomas DiBlasi, Ph.D  
President, SCPA

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